

EXPLORE *wellness* ADVENTURE NEWS

Helping families achieve optimal quality of life so they can go Explore!

TRAIL GUIDE

- Updates from Dr. Jones
- Anniversary
- Triple A's from Dr. Jones
- Product of the Month



IT'S ALREADY BEEN A YEAR!

Wow, I'm not sure what to say! I continue to be overwhelmed by gratitude for all of the support that we have received in the past year! As I write this, we are coming up on 50(ish) weeks as *Explore Wellness*. We've been through a lot but couldn't have done it without you, your families and your referrals! We look forward to continuing to serve you in the coming year! *Thank you for this opportunity!*

BIG THINGS COMING!

First of all, I would like to apologize for getting behind and not getting out the January edition of Adventure News, but let me tell you what we've been up to! We have been working hard for the opportunity to grow in 2019! As of last week, it's official...we will be moving to Suite A! We will still be in the same building, just across the hall! This is exciting as we will be able to grow into the larger space to create more opportunities for you, our patients! I'm nervous-excited about the changes, but believe it will be the best way to achieve our long term goal of being the premiere Wellness office in the Treasure Valley. We will be adding services in the larger space and creating a comfortable place to bring your family. Watch this Newsletter and our social media for continued updates on our progress!

Love for Explore Wellness

Dr. Jones is amazing! Caring, compassionate, competent. As a chiropractor, I do my homework when referring family and friends to providers I love and trust. Dr. Jones is one of them... I know she will take care of you and yours like her own family. You've got one of the best in Boise. We love her!

- Maiken K.



Olympic National Park, July 2018

ABUNDANCE

As the year comes to a close, the Explore Wellness Team is grateful to be looking toward to expansion in 2019! Wishing abundance to you and yours this, and every, season!

ADVENTURE

Our adventure for the next month will be getting the new space up and ready for you! In the meantime, we'd love to see your adventures! Tag us and use #whyiexplorewellness on social media!

ALIGNMENT

Do you know any pregnant women? Are the uncomfortable? Did you know that Dr. Jones is certified in prenatal? Adjustments are safe and gentle during pregnancy! We'd love to help them!

FROM THE PRODUCT SHELF

Anniversary Sale!! In honor of being open a whole year this month, we thought we'd do a little extra for our patients. Our Explore Wellness Water Bottles, Ice Packs and Pregnancy Wellness Essentials will all be 10% off this month!

See the front desk at Explore Wellness for more information on these products!



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