

EXPLORE wellness ADVENTURE NEWS

Helping families achieve optimal quality of life so they can go Explore!

TRAIL GUIDE

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HAPPY HOLIDAYS FROM DR. JONES

2018 was another great year for us! We started Explore Wellness in February, went to New Orleans, hit our 14th MLB stadium, spent May the Fourth on Endor (Redwoods), backpacked in Olympic National Park, rafted with friends over the summer, and continued to explore Idaho. Cheers to health, happiness, abundance and adventure in 2019.



HOLIDAY HOURS

December 2018

- 24th and 25th – Closed
- 26th – Open 9am– 4pm
- 27th – Open 9am– 12pm (Thursday Hours!)
- 31st – Open from 9am– 12pm

January 2019

- 1st – Closed
- 2nd – Opening at 9am

Love for Explore Wellness

The best my back has felt since going to chiropractors in 1985!

Kjersten makes adjustments a pleasant experience!

-Patrick S.



Tundra Flowers, Rocky Mountain National Park, July 2016

ABUNDANCE

As the year comes to a close, the Explore Wellness Team is grateful to be looking toward to expansion in 2019! Wishing abundance to you and yours this, and every, season!

ADVENTURE

The snow is here! Be safe out there but make sure you're having fun! Show us you and your family playing in the snow this Holiday season! Use #whyiexplorewellness on social media!

ALIGNMENT

Many insurance and health savings plans renew at the end of the year. Make an appointment before the New Year starts your plans (deductibles) over or you lose FSA/HSA money!



FROM THE PRODUCT SHELF

Ameo Proshield is 10% off the month of December! This product is perfect for the sick and cold months. This blend supports healthy immune systems and can be used as a household cleaner!

Feeling sick? Put two drops of Proshield on the bottom of your feet at night and watch this oil work its magic!

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